

FOR IMMEDIATE RELEASE

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New Book Release: "IN & OUT OF SEASON: Thriving in Life's Transitions" by Dr. Evelyn Johnson-Taylor

Tampa, FL — Dr. Evelyn Johnson-Taylor is thrilled to announce the release of her highly anticipated new book, *IN & OUT OF SEASON: Thriving in Life's Transitions*, set to release on September 24, 2024. This transformative guide offers readers insightful strategies and inspiration to navigate the inevitable changes and transitions in life with resilience and grace.

In *IN & OUT OF SEASON*, Dr. Evelyn Johnson-Taylor combines biblical principles, personal anecdotes, and practical advice to empower readers through various life stages. Whether facing career shifts, relationship changes, or personal growth challenges, this book provides a roadmap to not just survive but thrive during these pivotal moments.

“Life’s transitions can often feel overwhelming, but they also present unique opportunities for growth and renewal,” says Dr. Johnson-Taylor “In *IN & OUT OF SEASON*, I aim to offer a supportive framework for embracing change, understanding its rhythms, and leveraging it to unlock one’s full potential.”

Key Features of *IN & OUT OF SEASON*:

- **Practical Guidance:** Actionable steps and exercises designed to help readers adapt to and embrace change.
- **Personal Stories:** Relatable narratives and experiences that illustrate how others have successfully navigated transitions.
- **Inspirational Insights:** Thought-provoking reflections on the nature of change and its role in personal development.

As an experienced Author/Coach/Theology Professor/Speaker, Dr. Johnson-Taylor brings a wealth of knowledge and a compassionate approach to the subject of life transitions. Her previous works and engagements have earned widespread acclaim for their ability to connect deeply with readers and offer valuable guidance.

IN & OUT OF SEASON: Thriving in Life's Transitions will be available in bookstores nationwide and online at major retailers. For more information about the book and upcoming

events, please visit www.evelynjtaylor.com or follow her on Facebook, Instagram, X, LinkedIn, TikTok evelynjtaylor or Dr. Evelyn Johnson-Taylor

About Dr. Evelyn Johnson-Taylor is an award-winning author of six books, speaker, coach, mentor, ordained elder, and theology professor. Evelyn has been a women's ministry leader for more than thirty years. She served with her late husband as the founding pastor of three congregations. Evelyn also served as president of Women of Promise International Ministries Inc., a nonprofit offering hope and healing to women.

Evelyn holds an Associate Degree in nursing, a Bachelor of Arts in Women's Studies, and a Master's and Ph.D. degrees in Ministry.

Serving as an advisory board member for Senior Connection Center Inc., with a focus on caregiver needs, she passionately volunteers her time. Over a decade, she devoted herself to caring for her husband amid his illness. Evelyn's advocacy for self-care serves as a powerful reminder, inspiring caregivers and emphasizing the significance of recognizing their value. Her overarching goal is to motivate and empower women, providing them with the necessary resources and support for thriving.

Evelyn finds joy in exploring unfamiliar destinations and spending time with her loved ones. She aspires to be a beacon of guidance for those navigating challenges. Drawing upon her personal experiences, she aims to inspire others with a source of encouragement and resilience.

For Media Inquiries: Please contact Dr. Evelyn Johnson-Taylor at evelyn@evelynjtaylor.org or 813-723-4639 to arrange interviews or request review copies of the book.

Dr. Evelyn Johnson-Taylor offers a poignant narrative of resilience and personal growth through life's most challenging seasons. Drawing from her transformative journey following the death of her husband after a lengthy illness, Evelyn shares profound insights and practical wisdom to guide readers through difficult transitions.

This book is a compassionate companion for anyone navigating unexpected changes such as loss, divorce, career shifts, or other profound disappointments. Through her candid reflections and deep spiritual insight, Evelyn reminds us that seasons, both joyful and sorrowful, are temporary. She encourages readers to embrace change, rediscover their identity, and find renewed purpose amidst uncertainty.

Each chapter concludes with thought-provoking questions designed to foster introspection and personal growth. Additionally, heartfelt prayers offer solace and reaffirm the comforting presence of God through life's turbulent seasons.

"In and Out of Season" is not just another book, but a guidebook filled with practical steps and timeless wisdom to help readers transition from one phase of life to the next with grace and resilience. Evelyn's story resonates with authenticity, reminding us that even in life's darkest seasons, God's plan remains steadfast, offering hope and the promise of new beginnings.

Dr. Evelyn Johnson-Taylor is a Christian speaker, award-winning author, theology professor, and ministry leader. She has a deep passion for guiding others to embrace God's purpose for their lives. As a decade-long caregiver for her late husband, Scott, she also shares a message of profound hope and inspiration for caregivers.

Evelyn has authored six books, each reflecting her commitment to empowering individuals through faith-based wisdom and practical insights. She is the mother to two adult daughters and one son-in-law.

IN & OUT OF SEASON
EVELYN JOHNSON-TAYLOR PH.D.

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Thriving in Life's Transitions

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Foreword by Edie Melson

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